

# PERMANENT AWAKENING MANIFESTO

By Rebekah Carpenter

with

AWAKENING  
VOICES  
PRODUCTIONS

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## Definition of *Permanent Awakening*

Through my keynote presentations, leadership development seminars, book and facilitator's guide, I am on a lifetime global mission to help the world increase their chances of creating *permanent awakening* within themselves, within their relationships and within their organizations.

### **What is permanent awakening?**

The definition of *permanent awakening* is:

A process where an individual, an organization, or both, can holistically and continuously uncover, discover, and design their existence in order to:

- 1) Operate more consistently from their authentic voice, gifts, identities, passions, and purposes
- 2) More consistently draw out the authentic voice, gifts, identities, passions, and purposes of others
- 3) Have more authentic relationships that foster continuous growth and expansion
- 4) Strengthen their capacity to form genuine partnerships with others
- 5) Operate more consistently at peak vitality and productivity

This *permanent awakening* process is initiated and kept in motion by a continuous death and rebirth cycle that occurs within individuals and within organizations and includes: death of outdated behaviors, paradigms, identities, and relationships, discovery of their and others' authentic voice, gifts, identities, passions, and purposes, and a refocusing and designing of existence based on these discoveries. This cycle does not always occur in this particular order. The language of this death and rebirth cycle is expressed in slightly different ways depending on the environment, but the cycle is inherently the same.

As this cycle of death and rebirth continues, individuals and organizations can increase the amount of time they spend in the *permanent awakening* process. This can increase their possibilities for continuously raising and maintaining their levels of vitality, creativity, productivity, and accountability on more and more of a permanent basis. This can increase their possibilities for experiencing permanent change and permanent empowerment.

## HOW IT ALL TIES TOGETHER

How do my keynote presentations, leadership development seminars, book and facilitator's guide work together to help individuals and organizations increase their possibilities for creating this *permanent awakening* state within themselves, within their relationships and within their organizations?

### The Keynote Presentations

Throughout the keynote presentations are behaviors and paradigms that when practiced, support the continuous creation of a *permanent awakening* state within individuals, within their relationships and within their organizations. The key factor that increases the probability of the behaviors and paradigms within the keynote presentations becoming *permanently* embedded within audience members is that the keynotes are in the form of one-woman plays.

Why does this artistic style of the one-woman play increase the chances of individuals and organizations *permanently* embodying the behaviors and paradigms within the keynotes?

- 1) Carl Jung talked about how the arts go beneath the conscious mind into the subconscious. When audience members are drawn into character portrayals, stories and music, the behaviors and paradigms reach the core levels of their mind and body. This is where genuine, lasting change can occur.
- 2) During a one-woman play, the audience laughs, cries, empathizes, and lets go of resistance. They are in a state of joy and relaxation. This makes them more receptive. This allows the behaviors and paradigms in the keynote to enter and be more fully absorbed.
- 3) Individuals and organizations remember material presented during one-woman plays longer than if they attended a lecture or a power point presentation. We remember and retain lessons from a sermon if that sermon includes meaningful stories. We easily remember the material we see in a movie or the lyrics we hear in a song. The artistic presentation style of the one-woman play sears behaviors and paradigms into memory.
- 4) The style of the one-woman play as a keynote presentation is simply different. Audiences are accustomed to seeing and hearing a motivational speaker or hearing a lecture. The one-woman play stands out and will be talked about and remembered for years to come.

To further support the behaviors and paradigms in my keynote presentations becoming *permanently* embedded within audience members, I offer a debriefing session after each keynote. This session gives the audience the opportunity to:

- 1) Verbalize, process, and reinforce what they experienced and learned while watching the

keynote

- 2) Be challenged to think about how they are going to practically apply the behaviors and paradigms within the keynote to their individual lives, to their relationships, and to their organizations
- 3) Learn new behaviors and paradigms based on the character portrayals in the keynote. These new behaviors and paradigms instigate the *permanent awakening* process within audience members, within their relationships and within their organizations

### **The Leadership Development Seminars**

The leadership development seminars for corporations, businesses, non-profit organizations, colleges, universities, public and private schools, churches and professional development conferences provide powerful, **practical** tools leaders can apply while interacting and working with their teams, staff, employees and students. The tools create an environment within the individual leaders, within their professional relationships and within their organizations that increase the possibilities for everyone to experience the *permanent awakening* process. The death and rebirth cycle that is central to the *permanent awakening* process can become continuous within leaders, within their professional relationships and within their organizations and includes: death of outdated behaviors, paradigms and relationships, discovery of their and others' authentic voice, gifts, identities, passions, and purposes, and a refocusing and designing of their existence based on these discoveries. Because of this continuous cycle, a *permanent* culture change can take place within organizations. They can go from where they are to becoming organizations where vitality, creativity, productivity and accountability are continuously being increased and these increased levels are able to be maintained on more and more of a *permanent* basis.

The leadership development seminars are highly engaging, full of laughter and include invigorating audience participation. This places participants in a relaxed state, increasing their possibilities for not only hearing but retaining the tools presented.

### ***Awakening – 12 Tools to Unlock Ultimate Potential – The Book and Facilitator's Guide***

My book, *Awakening – 12 Tools to Unlock Ultimate Potential*, and the facilitator's guide partner with my keynote presentations and leadership development seminars to multiply the possibilities for creating *permanent awakening* within individuals, within their relationships and within their organizations.

I wrote my book after over 20 years of working with and observing individuals in a multitude of personal and professional environments. I observed that the reason many individuals were only getting temporary results from personal and professional development was because there were particular physical, emotional and spiritual blocks in front of their latent potential and their ability to be open to

change. My book gives individuals the tools they need to remove these physical, emotional and spiritual blocks, discover their authentic voice, gifts, identities, passions, and purposes, and refocus and design their lives based on these discoveries. The death and rebirth cycle that is central to the *permanent awakening* process can be instigated within readers and can become continuous: death of outdated behaviors, paradigms and relationships, discovery of their and others' authentic voice, gifts, identities, passions, and purposes, and a refocusing and designing of their lives based on these discoveries. As this cycle becomes continuous within readers, their levels of vitality, creativity, productivity and accountability can increase and these increased levels can then be maintained on more and more of a permanent basis. Readers can become more open to change. They can increase their possibilities for fully absorbing and being able to experience permanent results from personal and professional development opportunities. Their *permanent awakening* can spread and affect their families, their relationships and the organizations they are part of.

I have also written a Facilitator's Guide so that groups of people can collectively work through the tools in the book and experience *permanent awakening* together. These groups are called *Awakening Groups*. *Awakening Groups* are made up of people from all walks of life: employees, church groups, leadership teams, neighborhoods, special interest groups, teachers, community groups, close friends, book clubs, college professors, staff or students. The transformative power of the tools multiplies when people work through the tools together.

### **The Total Awakening Package**

The keynote presentations, leadership development seminars, book and facilitator's guide offer a total awakening package for individuals and organizations that increase everyone's possibilities for experiencing and spreading *permanent awakening* to people across the globe.

## **IN CONCLUSION**

As one person, one relationship, and one organization at a time experience *permanent awakening*, a ripple effect can occur and a global **AWAKENING MOVEMENT** can be ignited. We can become role models for our children and grand-children of happy, fulfilled, passionate, productive people. Our relationships both personally and professionally can become more peaceful, harmonious, vibrant and open to healthy negotiation. This can increase the possibilities for global harmony and leave the world a better place for generations to come.

## ABOUT THE AUTHOR

Rebekah Carpenter is the President of Awakening Voices Productions and travels throughout the country as a keynote speaker, leadership development trainer, author and performing artist. For over 20 years, Rebekah has created and facilitated keynote presentations, seminars and workshops for corporate, business, educational, non-profit, religious, spiritual, personal and professional development events and conferences.

The primary mission of Rebekah's life-long research has been to create keynote presentations, leadership development seminars and write a book and facilitator's guide that help individuals and organizations move away from temporary change and empowerment and move toward *permanent* change and empowerment – what Rebekah calls *permanent awakening*. Rebekah's keynote presentations, leadership development seminars, her book and facilitator's guide help individuals and organizations learn how to holistically and continuously be creating environments within themselves, in their relationships and within their organizations where vitality, creativity, productivity and accountability are consistently being increased and maintained on more and more of a *permanent* basis. This can lead individuals and organizations not toward temporary results, but increase their possibilities for *permanent* empowerment and *permanent* culture change.

The goal of all of Rebekah's keynote presentations, leadership development seminars, her book, facilitator's guide and book chapter workshops are to get individuals and organizations actively participating in a continuous *permanent awakening* process.

The definition of this *permanent awakening* process is:

A process where an individual, an organization, or both, can holistically and continuously uncover, discover, and design their existence in order to:

- 1) Operate more consistently from their authentic voice, gifts, identities, passions, and purposes
- 2) More consistently draw out the authentic voice, gifts, identities, passions, and purposes of others
- 3) Have more authentic relationships that foster continuous growth and expansion
- 4) Strengthen their capacity to form genuine partnerships with others
- 5) Operate more consistently at peak vitality and productivity

This *permanent awakening* process is initiated and kept in motion by a continuous death and rebirth cycle that occurs within individuals and within organizations and includes: death of outdated behaviors, paradigms, identities, and relationships, discovery of their and others' authentic voice, gifts, identities,

passions, and purposes, and a refocusing and designing of existence based on these discoveries. This cycle does not always occur in this particular order. The language of this death and rebirth cycle is expressed in slightly different ways depending on the environment, but the cycle is inherently the same.

As this cycle of death and rebirth continues, individuals and organizations can increase the amount of time they spend in the *permanent awakening* process. This can increase their possibilities for continuously raising and maintaining their levels of vitality, creativity, productivity, and accountability on more and more of a permanent basis. This can increase their possibilities for experiencing permanent change and permanent empowerment.

You may contact Rebekah through her website [www.awakeningvoices.net](http://www.awakeningvoices.net).